



Capitol Care Center

The Difference is the Care!

www.CapitolCareCenter.com

555 W. CARPENTER

SPRINGFIELD, ILLINOIS

217-525-1880

Welcome! Thank you for choosing our facility! At Capitol Care Center, we are proud to offer the highest rated skilled nursing facility in the Springfield area. It's because of the difference in quality of care that we are pleased to offer such excellent care to each and every one of our residents! With a higher star rating than any other facility, even Medicare has recognized the superior quality of care provided only at Capitol Care Center. We encourage you to educate yourself about nursing homes in the area as well as their star ratings in comparison to ours prior to making any decision on where you would like to stay. Getting educated is always the first step in making your transition as smooth as possible regardless of how long or short your stay with us.

We know that you and your loved one are looking for the best possible care that can be provided in Springfield, and we are proud to be the leader in Skilled Nursing care. Rest assured that you and your loved one are in the company of the most seasoned team of nursing professionals that could have been brought in to create Capitol Care Center. This team that has been working together for more than 17 years creating award winning skilled nursing facilities in Central Illinois! So ask as many questions as you need to, that's what we are here for. In this packet, you will also find our contact information. If you have questions, please don't hesitate to ask either of us for help. We look forward to seeing you and your loved one soon as one of our guests here at Capitol Care Center.

Thank you once again for considering Capitol Care Center – the highest rated skilled nursing facility in Springfield. The highest rated, because the difference is the care, and your care is our TOP priority.

Sincerely & Respectfully Yours,

Cindy Schaaf, RN LNHA
Administrator
Capitol Care Center

John Laurenzana
Director of Marketing & Public Relations
Capitol Care Center



Capitol Care Center

Medicare Part A in a Skilled Nursing Facility

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What is Covered?

If you currently have Medicare coverage, your stay at a Skilled Nursing Facility will have most of your costs covered.

Medicare will pay for a semi-private room, meals, nursing care, drugs, supplies, appliances, equipment, and routine labs and x-ray services. Medicare does not cover personal or convenience services such as beauty services, telephone, etc.

Requirements

In order to qualify for Medicare coverage in a skilled nursing facility you must fulfill certain criteria. Those are:

1. You must have Medicare Insurance. Medicare Insurance is available to those people that are 65 years or older and/or those that are disabled.
2. The facility must have a skilled nursing bed that has been Medicare certified.
3. You must be admitted to the facility within 30 days of a qualifying stay in the hospital of 3 consecutive midnights or more.
4. You must require daily skilled nursing care or skilled therapy services as certified by a physician. Examples of skilled care include therapy, tube feedings, IVs, pain management, medication monitoring, etc.



Pay Rates

Days 1-20

Medicare pays 100%

Days 21-100

Medicare pays all but daily co-payment with the resident responsible for daily co-payment portion.

Days 101 and After

Resident is responsible for 100% if no private insurance or Medicaid is available

Co-Payment Options

1. Private Insurance – Most health insurances will not cover a long term care stay unless you have long term care policy coverage.
2. Private Pay (Out of Pocket)
3. Medicaid

Re-Qualification Requirements

If you have recently used your Medicare coverage for a stay in a skilled nursing facility, there are certain criteria that must be fulfilled before you may re-qualify for additional Medicare coverage.

1. You must be admitted within 30 days of a qualifying stay in the hospital of 3 consecutive midnights or more.
2. You must require daily skilled nursing care or skilled therapy services as certified by a physician.
3. You must have had a 60 day break between Medicare stays and spells of illness and not in a certified Medicare bed.

If you have questions about your Medicare coverage, do not hesitate to call our Medicare experts at 217-525-1880.



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Key Contacts

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Our Staff

Cindy Schaaf, RN LNHA – Administrator

Connie Fite – Business Manager

John Laurenzana – Director of Marketing & Public Relations

Jennifer Farley – Director of Admissions

Christina Hardin, MS CCC/SLP – Director of Therapy

Christine Wheaton, RN RAC – Executive Director of Nursing

Jill Dorworth, LPN – Director of Nursing

Elizabeth Ash, LPN – Nurse Manager

Tanasha Moore, LPN – Nurse Manager

Jo Leckrone – Restorative Nursing Programs

Erich Marks, B.A. – Social Services

Katie Preston – B.S. Social Services

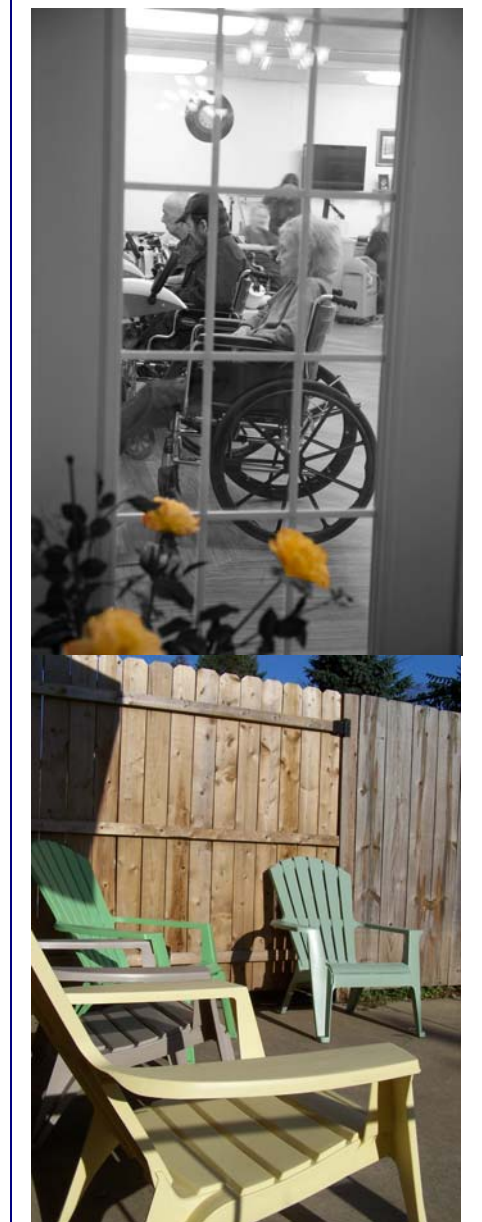
Lenora Criss – Dietary Manager

Amy McNeil – Activities Director

Rose Beavers – Housekeeping Supervisor

In the event that you would need assistance with any questions or information about various aspects of our facility, our staff of professionals is here to help you in any way we can! Please feel free to contact us with those questions at 217-525-1880. If you have a general question about the facility, you are welcome to contact us by email at JohnL@platinumhc.net or JFarley@platinumhc.net.

We appreciate your inquiry and look forward to speaking with you soon! Thank you, once again, for considering Capitol Care Center – the highest rated skilled nursing facility in Springfield. The highest rated, because the difference is the care, and your care is our top priority.





Capitol Care Center

Admissions

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THE Medicare Experts

At Capitol Care Center, we understand that insurance is complicated, and Medicare can be confusing. That's why, for your benefit, we have made it our commitment to Springfield to be THE experts in Medicare. Understanding how your Medicare benefits will help you pay for your bills should not be something you or your family should have to worry about. When you or a loved one stays at Capitol Care Center, our admissions and billing departments will be working for you before you ever walk through our doors to make sure that your benefits are in place to work for you! Whether it's Medicare Part A or B, Capitol Care Center has the expertise to understand how to make your benefits work best for your well being.

What Insurance Can You Use?

Capitol Care Center is a universal insurance facility. We accept almost every insurance source from Medicare & Medicaid to Managed Care and Private Insurance such as Blue Cross / Blue Shield or Personal Care to list some examples. If you or a loved one is considering a skilled nursing facility, (SNF) Capitol Care Center is proud to offer more solutions in accepted insurance than any other facility in the area. Similar to our expertise in Medicare, our admissions and billing team have created long standing partnerships with just about any insurance company you can think of, enabling us to make your transition hassle-free and as easy as possible for you and your family.



Did You Need Help With That?

In some cases, individuals need help in acquiring insurance coverage for their health needs. In these cases, we are happy to assist you in applying for Public Aid. We will fill out your forms, walk you through the process and assist in helping acquire medical coverage for you or your family member.

We Do That Too!

Our admissions department works 24/7 in admitting residents from around the community, and we also are happy to provide off-site pre-admission assessments.

At Capitol Care Center, we encourage you to get educated before selecting a home. We are proud to be the highest rated Skilled Nursing Facility in Springfield year-in and year-out. Ask us how to find more information on the phone or in person. Our tours are available 7 days a week to assist you in making your choice. Call in advance or stop by at your convenience! We look forward to seeing you soon!



Capitol Care Center

Lynn Gannar Therapy Center

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Life Feels Good Again

If you are searching for the right place for you or your loved one, chances are, life is a little harder than it used to be. Simply getting up in the morning and going through your morning routine feels more like work than it does "going through the motions." Fortunately, the Capitol Care Therapy Center has the most talented skilled nursing facility therapists available. Trained in physical, speech, and occupational therapy; our team of diversely disciplined therapists turn out a new success story more frequently than ever with their newly remodeled and equipped therapy center. With new equipment, more spacious areas to perform therapy, and better facilities than any other SNF therapy center, life for our residents is on the path to feeling good again.

The Truth Is In The Results

Part of what makes the therapy department at Capitol Care different from any other facility is the fact that our staff is our staff. This means that they are not contracted by another agency to perform your therapy. It also means they are personally vested in helping you achieve the best results. If our therapists don't provide the best results, they can't simply hope for better luck at their next facility. Instead, we have chosen to set the bar higher. That's why Capitol Care insists on maintaining our own therapy staff to ensure that our standards and expectations are focused on excellence and achieving amazing results. It's what you expect, and it's what we deliver.

Expect More

This isn't just about physical therapy. It's more than that. With a myriad of different therapy disciplines, our staff is prepared for more. These are just some of the services delivered daily by our therapy center, with even more available.

- Cognition
- Wound Care
- Incontinence Training
- Diathermy
- Speech
- Nutritional Intake
- Vital Stimulus Therapy
- Physical Therapy
- Occupational Therapy
- Electrotherapy
- Heat Pack Massages
- Restorative Program

At Capitol Care Center, the goal is not simply to help you recover, the goal is to help you go home – better, prepared, healed. This is our difference, the difference. It's the care. Care only found here, at the highest rated facility of its kind in Springfield. Capitol Care Center.





Capitol Care Center

Nursing

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Choose the Best

When it comes to your health or the health of a loved one, wouldn't you rather be in the hands of the best professionals in your area? At Capitol Care Center, we offer just that. An environment surrounded by the very best skilled nursing staff in Springfield. The highest rated again, and again, and again. Our nursing staff offers a diverse range of specialized care specifically tailored to the needs of each resident.

As a resident of Capitol Care Center, you'll notice that our team of skilled nursing professionals work quickly and effectively to address every need of our residents in various ways. Our staff is truly involved in the day to day lives of each resident, so the care provided at Capitol Care Center goes beyond the job. We're providing care with the same concern as a trusted friend or family member. It is because of the adept skill set of our empathetic nursing staff, that we are proud to offer the only nationally recognized care facility in Springfield!



Specializing in Specialized Care

Not only does Capitol Care Center operate the only nationally recognized Wound Care unit in a skilled nursing facility in Springfield, but we offer various other specialized treatment units for our residents. We understand that a continuum of care offered by the properly trained staff can be the instrumental force driving residents on their road to a true recovery. That's why Capitol Care Center is proud to offer the following specialized care units:

- Alzheimer's & Dementia Care
- Bariatric Care
- End of Life Care
- Hospice / Respite
- IV Therapy
- Long Term Care
- Rehab-To-Home
- Restorative
- Short Term Care
- 24-Hour Skilled Nursing
- Wound Care

At Capitol Care Center, we're proud to offer more specialties in skilled nursing care than any other facility in Springfield. For a detailed explanation of care, we encourage you to call or visit at your convenience. We know that upon your visit that you'll come to realize why Capitol Care Center has become the highest rated Skilled Nursing Facility in Springfield. We look forward to the privilege of caring for your or your loved one at Capitol Care Center, where the difference is the care!



Capitol Care Center

Social Services

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Home Is Where Your Story Starts

At Capitol Care Center, our goal is to watch every resident walk out of our doors. Part of that process is to begin planning for each resident's discharge on the same day they arrive. Every resident will receive an initial assessment to gauge cognition, behavior and mood, social history and medical needs. From there, our Social Services team conducts weekly progress evaluations with our Therapy and Nursing departments in tandem with your physician to coordinate the care you receive not only while you are our guest, but while you are at home as well, ensuring your continued health.

Care That Goes Beyond Our Doors

When it is time for you to go home, the care that we provide does not end. Our social services team works with numerous home health agencies to arrange care if needed, and also provides assists in the following services:

- Arrange Home Nursing
- Arrange Durable Equipment Needs
- Arrange PT/OT/Speech Therapy
- Arrange Life Line Services
- Arrange Home Making Services
 - Helping Hands
 - Meals on Wheels
 - Red Cross

Prior to each resident's discharge to their home, Social Services can arrange to have you or your loved one's Capitol Care therapist conduct a Home Evaluation. This service ensures that the therapist most familiar with your needs conducts a thorough evaluation of your home to identify issues that may need addressed.

...And That's Not All

Once you enter through the doors of Capitol Care Center, a variety of other services are accessible to all of our residents in the case that you might need them. We realize that during your stay you may need care in other areas that could not have been anticipated. That's why the following services are provided in-house to you when and if you need them:

- Eye Doctor
- Dentist
- Podiatrist
- Group Therapy
- Grievance Counseling
- No Charge Transport To All Medical Appointments
- Psychiatric Services
 - Psychiatrist

In the rare case that you need services that we may not be able to provide in-house, our social services team will arrange those services by referral to the facility of your choice for that particular need. Simply let us know. We're here for you!





Capitol Care Center

Dietary

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Rise & Shine!

They say that breakfast is the most important meal of the day and we believe it! At Capitol Care Center, residents have the option to enjoy a daily continental breakfast with a full spread every morning. With eggs, potatoes, toast, meat, fruits, biscuits & gravy, juice, coffee and more available to select from; residents are able to enjoy reading the paper and enjoy socializing while enjoying a delicious breakfast at their leisure every morning. During this period, residents have the choice to sleep in and come to breakfast when they wish, or stay on their floor and enjoy a pre-selected breakfast menu.

We're Here To Serve You

With 2 dietician managers, a dietician consultant, 26 dietary staff, and a hostess; Capitol Care Center has a literal army of kitchen staff available to serve you. Each resident can rest assured that their diet will be customized to their needs and condition as each resident is assessed by our dietary and therapy staffs upon admission. This way, residents with special needs are still able to enjoy the same variety of meals that a resident with a regular diet would have.

If you happen to have a diabetic condition, there is no need to worry. Our meals are customized to respect your needs as well, without taking away from your choices when it's time to eat. Should you happen to still be hungry after a meal, double portions may be available upon request.



Put Our Service To The Test

At Capitol Care Center, part of ensuring excellence in quality of care is by taking the extra step in making sure that your needs are not just met, but exceeded. That's why our dietary staff continues to make plans for upcoming changes to the way we offer our selections. We look to expand our lunch and dinner menus and to offer lighter lunches such as "Soup & Salad" for those that like to maintain a light lunch schedule. However, for those that enjoy a bit of a snack here and there, there are a select amount of foods available in-between meals and midnight snacks available for those that enjoy going to bed after the late show.

In any case, our diverse menus and large selection at meals offer our residents the option to enjoy healthy and delicious meals every day of the week.



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Activities

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What Do You Want To Do Today?

Nobody wants to wait around for therapy all day or be stuck in bed watching TV. That's why Capitol Care Center has a dedicated activities coordination department. Every day is filled with a variety of different activities for all residents to take part in, and residents always have an up-to-date calendar for the month's activities posted in their rooms. Activities such as bingo, ice cream socials, beer and pizza night, field trips keep our residents busy throughout each day. Often times, our activities department will book local entertainment to visit the facility to keep the social calendar filled with variety and fun.

For God So Loved The World

Caring for the soul is just as important as caring for the mind and body. Capitol Care Center respects all faiths and offers a variety of services to more denominations than any other facility in the area. Church services for different denominations are held on different days of the week and the Sacrament of Reconciliation and Sacrament of the Eucharist are offered weekly. If you have a specific pastor or lay leader that you prefer from your parish, we will arrange for you to meet with them if they make that option available to members of their congregation.

In some cases, residents are more comfortable attending the services in their own congregation. For those medically able to travel, we encourage family members to continue escorting residents to partake in worship services at the church, temple, or synagogue of your choice.

Something For Everyone

We understand that some people enjoy a little peace and quiet. That's why we have many more options available to keep you occupied during your stay with us. Below are just some of the options you might want to consider:

- General Store
- Library
- Cable TV available in each room
- Patio
- Aviaries
- Aquariums
- Courtyard
- Lounge Areas
- Beauty & Barber Shops
- Transport Services
- Wi-Fi Access
- Much, Much More!

Our activities coordination department looks forward to having you join us soon at the bingo table or on our next field trip! Another reason why we say "The Difference is the Care."

